

Thursday, May 23 / Optional Workshop Day

8:00am - 9:30am AT
Breakfast
(Included with Premium Registration Package)

9:30am - 11:30am AT
Smart but Scattered - and Stalled
Dr. Peg Dawson

9:30am - 11:30am AT
Enneagram 101: Seeing Our Patterns to Free Ourselves
Maureen Cunningham

9:30am - 11:30am AT
Productivity Hacks for the Busy Physician
Dr. Stella Yiu and Dr. Hans Rosenberg

11:30am - 12:30pm AT
Lunch
(Included with Premium Registration Package)

12:30pm - 2:30pm AT
Tackling Resentment and the Mental Load in Your Relationship
Dr. Tracy Dagleish

12:30pm - 2:30pm AT
Smashing Orthodoxies: Flipping the Unwritten Rules that Impede Needed Progress
Dr. Zayna Khayat

12:30pm - 2:30pm AT
Smart but Scattered: Physician Edition
Dr. Peg Dawson

2:30pm - 3:00pm AT
Break
(Snack included with Premium Registration Package)

3:00pm - 5:00pm AT
How to Talk So Kids Will Listen
Joanna Faber

3:00pm - 5:00pm AT
Menopause... So Much More Than a Heat Wave!
Dr. Nathalie Gamache

3:00pm - 5:00pm AT
Career Boost for Your Next Steps
Alison Foo